



# Information Guide

**Ophthalmology**

**Eye infection**

## How to avoid an eye infection?

- Wash your hands thoroughly and often.
- Avoid touching your face and your eyes; if you need to, wash your hands before.
- Avoid eye make-up if ordered by your physician; do not share make-up.
- Do not share facecloths, towels, pillows and sheets with others; use clean facecloths every day.
- In case of infection, do not wear contact lenses, clean and disinfect the lens and the storage container before next use.
- Do not share contact lenses or any other eyewear and products.
- Do not share your eye drops and other eye medication; talk with your doctor and pharmacist about the appropriate storage method.
- Always protect your eyes against wind, heat, dust, etc.
- Wear safety glasses when using chemical products.
- If you touch somebody else's eyes, wear gloves or wash your hands before and after.

## Notify your physician or ophthalmologist about any new ocular symptom:

- Redness of the eyes.
- Persistent itch.
- Discomfort.
- Sensation of foreign object in eye.
- Light sensitivity.
- Blurry vision.
- Watery eyes.
- Eye discharge/secretions.
- Ocular pain.
- Swollen eyelids.

