

**STANDARDIZED INDIVIDUAL PRESCRIPTION
PRENATAL CLINICS**

Expected date of delivery (EDD) (yyyy/mm/ dd) ____/____/____ (required)

Promotion of the "Avis de Grossesse" program to encourage and support the user in registering for the *Ma grossesse* service

SAMPLING 1 : between 10^{0/7} and 13^{6/7} weeks of pregnancy

Routine 1:

- Hb-Ht (HBHT)
- Blood group and antibody test (BSANG)
- Random blood glucose (GLU)
- SMU and urine DCA (SOMU) and (DCA)
- Syphilis serology (SYHS)
- Hepatitis B serology (HBsAg) (HBSGR)
- HIV serology (with user's consent) (VIH)
- Anti-rubella antibody (IgG) (RUBG)
(unless previously vaccinated or with a serology history of more than 9 UI/ml)

Other tests:

- TAAN [PCR] vaginal chlamydia/gonorrhea (CLAGO) self-sampling
- TSH (TSH)
- Induced oral hyperglycemia in pregnancy (HGOP)
Blood glucose at time 0, 1h and 2h post 75g glucose (HYPGR)
- Glycated Hemoglobin (HBA1c)
- Hemoglobin electrophoresis (ELEHB)
- Hepatitis C serology (HEPC)
- VZV (chicken pox) (IgG) (VARIG)
- Toxoplasmosis (IgG/IgM) (TOXG-TOXM)
- Parvovirus B19 (IgG) (PARVG)
- CMV (IgG/IgM) (CMVG-CMVM)
- _____
- _____
- _____

Sampling 2 : between 26^{0/7} and 28^{6/7} weeks of pregnancy

Routine 2:

- Hb-Ht (HBHT)
- Blood type and antibody test (BSANG)
- Blood glucose 1h post 50g glucose (GLU50)
- SMU and urine DCA (SOMU) and (DCA)

dcaT vaccine : between 26 and 32 weeks and from 33 weeks until the end of the pregnancy if the client has not received it before (PIQ¹)

If blood type is Rh negative:

- WinRho^{MD} IM 300 µg at 28 weeks of pregnancy or as soon as possible thereafter
 - Informed consent obtained
- Risks, benefits and alternatives of WinRho® administration were discussed with the user

Other tests:

- Induced oral hyperglycemia in pregnancy (HGOP)
Blood glucose at time 0, 1h and 2h post 75g glucose (HYPGR)
- Glycated Hemoglobin (HBA1c)
- TSH [TSH]
- _____
- _____
- _____
- _____

Name: _____

Doctor FLSNP Midwife

Signature: _____

License #: _____ Date: ____/____/____

(yyyy/mm/j)

Clinic name: _____

Note: This form is to be considered as any outpatient prescription. Its pre-printed content has not been validated by the CMDP of the CHU de Québec-Université Laval. 2024-05-30.

¹ Protocole d'immunisation du Québec

Nom :

Prénom :

Dossier :

PRENATAL CLINICS of the CIUSSS de la Capitale-Nationale

The prenatal clinic is a special place for you to discuss your concerns and needs regarding your pregnancy, birth, breastfeeding and return home with a nurse. She will meet you between the 10th and the 13th week of your pregnancy to:

- Take your blood samples ;
- Give you the guide « From Tiny Tot to Toddler »;
- Provide you with the appropriate resources for your needs ;
- Discuss any topic that is important to you ;
- Ensure continuity of services with the desired place of birth.

Pregnant women living with no or low income may be eligible for the Olo Program (Eggs, milk, vegetables) or the SIPPE (Integrated Perinatal and Early Childhood Services) Program as early as the 12th week of pregnancy. If you think you may be eligible, talk to the prenatal clinic nurse.

FOR THE ROUTINE 2 APPOINTMENT:

For Rh positive women, the staff will schedule your appointment in a lab test clinic.

For Rh negative women, the staff will schedule your appointment at a prenatal clinic.

To make an appointment, use the following numbers according to your area of residence:

QUEBEC CITY REGION

APPOINTMENT OFFICE: 418 628-6808

- | | |
|---|--|
| <ul style="list-style-type: none"> • CLSC Orléans (Beaupré)
11000, rue des Montagnards • CLSC Orléans (Maizerets)
2480, chemin de la Canardière • CLSC La Source (Nord)
791, rue Sherwood • CLSC La Source (Sud)
190, 76^e Rue Est • CLSC de la Jacques-Cartier (Loretteville)
11999 A, rue de l'Hôpital | <ul style="list-style-type: none"> • CLSC Sainte-Foy-Sillery
3108, chemin Sainte-Foy • CLSC des Rivières
900, boul. Wilfrid-Hamel • CLSC de la Basse-Ville (Édifice Sacré-Cœur)
1, avenue du Sacré-Coeur • CLSC Limoilou
1405, chemin de la Canardière |
|---|--|

PORTNEUF REGION

- CLSC de Saint-Marc-des-Carrières,
1045 Boulevard Bona Dussault
418 268-3571
- CLSC de Donnacona
400 route 138, Donnacona
418 285-2626
- CLSC de Saint-Raymond
700 Rue Saint Cyrille
418 337-4611
- CLSC de Pont-Rouge
3 Rue du Jardin
418 873-6062

CHARLEVOIX REGION

- CLSC de La Malbaie
535 Boulevard de Comporté
418 665-6413
- CLSC de Baie-Saint-Paul
10 Rue Boivin
418 435-5475

WENDAKE HEALTH CENTRE

- Centre de santé Marie-Paule-Sioui-Vincent,
255, Place Chef Michel Laveau,
418 842-6255

JEFFERY HALE COMMUNITY SERVICES IN ENGLISH

- 1250, chemin Sainte-Foy,
418 684-5333, poste 12079